

# PARENT NETWORK

parentnetworkstl.org



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## Parent Network of Catholic High Schools

The Parent Network of Catholic High Schools (PNCHS), founded in 1990, is an association of members from archdiocesan and independent Catholic high schools in the St. Louis area. It is dedicated to helping parents with the challenges of raising Catholic teens in today's world. Representatives from the schools meet monthly as the Parent Network Board to share ideas and strategies for better parenting. The Board plans events and prints material to support parents in their effort to deal with teen issues.

*Parent Network of Catholic High Schools is pleased to invite you to the following presentation*

***If you Want To Be Happy....  
Teaching Children and Ourselves the Keys  
to Happiness and Success***

***Dr. Tim Jordan M.D.***

***Wednesday, February 8<sup>th</sup>, 2012 at 7:00 p.m.***

***John F. Kennedy Catholic High School***

***500 Woods Mill Road Ballwin, MO 63011***

Tim Jordan, M.D. will be speaking on positive self esteem for our second presentation in our Speaker Series. Dr. Jordan will draw upon his vast experience working as a developmental and behavioral pediatrician, husband, father of three and founder of Camp Weloki. Dr. Jordan is also an international speaker, a well known and respected author and a graduate of Chaminade College Prep in St. Louis.

Tim and Anne Jordan have been working together in their business and creating their family for 27 years. They enjoy working as a team whether it be in their office work in St. Louis, MO or when they are on the road speaking to such diverse groups as corporate employees, business leaders, school groups or people who work in agencies with families. Tim and Anne have raised three children, Kelly, TJ and John and consider that their most important work!

\*Parent Network wants to thank Bill Kruse of **Hauk, Kruse and Associates CPA Firm** for helping us to sponsor Dr. Tim Jordan!

## Suggested Reading List for Parents

### Parenting

*You're A Better Parent than You Think*, Dr. Ray Guarendi  
*Good Discipline, Great Teens*, (2007) Dr. Ray Guarendi  
*The 7 Habits of Highly Successful Teens*, (2005) Sean Covey

### Raising Girls

*Strong Fathers, Strong Daughters*, (2006) Meg Meeker, MD

### Raising Boys

*Boys to Men: The Transforming Power of Virtue*, (2001), Curtis Martin  
*Bringing Up Boys Practical Advice and Encouragement for Those Shaping the Next Generation of Men*, (2001), Dr. James C. Dobson

### Chastity, Abstinence and Sex

*Epidemic: How Teen Sex Is Killing Our Kids*, (2002), Meg Meeker, MD  
*A Case for Chastity*, (2003) Peter Vlahutin and Heather Gallagher Vento  
*Good News About Sex and Marriage*, (2004), Christopher West  
*If You Really Loved Me*, (2003), Jason Evert  
*Sex Has a Price Tag*, (2003), Pam Stenzel

### Spiritual/Inspirational

*The Art of Affirmation*, (2006), Robert Furey  
*Letters to a Young Catholic*, (2004), George Weigel

### College Concerns

*Professors Guide to Getting Good Grades in College*, (2006) Lynn Jacobs and Jeremy Hyman  
*Letting Go: A Parents' Guide to Understanding the College Years*, (2003) Karen Coburn, Madge Lawrence Treeger  
*Colleges That Change Lives*, (2006) Loren Pope  
*Winning the Heart of the Admissions Dean*, (2005) Joyce Mitchell  
*College Admissions Together: It Takes a Family*, (2007) D. R. Goodman